Conclusion:

Reflective practice has huge benefits for staff, Services and Carers that are leading on Involvement activities. It helps capture the learning after the event. It also helps build the groups self-awareness to better understand the nature of future Involvement opportunities. This exercise may feel strange at the beginning, but ultimately it will save you time and resources in the future.

For more information on Involvement, Co-Production and Partnership Working, please visit the Engage website:

http://engage.hscni.net

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