# Personal and Public Involvement (PPI)



## What should I consider when getting involved?

Getting involved in Health and Social Care (HSC) can have many rewarding benefits. This guide provides a some useful hints and tips for Service Users and Carers to consider when getting involved.

#### When getting involved you should consider:

What is your reason for getting involved?

- Improve quality of services through experience.
- Use your skills to support change in HSC.

#### How much time do I have to commit?

Time commitment will vary. At the beginning of the process ask HSC staff to outline the time commitment required. For example:

- The length of meetings (also factor in your travel time).
- Reading required pre and post meetings.
- Length of Involvement a one-off session or activity or longer Involvement which may be over a period
  of years.

#### What support requirements do I need?

- Do I need assistance to attend meetings?
- Do I need information to be sent via electronic or hard copy via post?

### Will I get reimbursed for my out-of-pocket expenses?

All HSC organisations have in place a guide for the payment of out-of-pocket expenses. You will receive
money to cover the cost of things such as travel, replacement care cover and admin costs.

KEY

**Planning** 

Doing

Reviewing







#### What training/support do I need?

If you are getting involved in a programme of work which will take place over a period of time, it would help to ask about:

- Health and Social Care structures.
- The specific area of work.
- Speaking in public or giving presentations.
- Data protection and confidentiality arrangements. Ask for support to access this information/training.

#### Which skills or knowledge are required?

- Recent relevant experience of Health and Social Care generally or in a specific service area.
- Ability to share your views independently or with the support of an advocate.
- Listen to the views of others, including HSC staff.
- Be courteous to everyone involved, regardless of their opinions.

#### What outcomes may result from being Involved?

- Having your voice listened to as part of the decision making process.
- Better decision making across HSC.
- Build new relationships with like-minded people.
- Use your skills to support HSC.
- Prioritise issues of concern.
- Hear the difference you have made.

For more information on Involvement, Co-Production and Partnership Working please visit the Engage website.

http://engage.hscni.net

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